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**A Survey on the Service for Patients with Miscarriage**

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The aim of this quantitative and descriptive survey was to assess the knowledge of patients on the topic of miscarriage by means of a questionnaire. Though most of the 498 patients had reasonable knowledge about the symptomatology and clinical management of miscarriage, various misconceptions were noted. Our service for patients with miscarriage included provision of an information pamphlet about miscarriage and psychological and physiological support and counseling by the ward staff. The information pamphlet was deemed useful by most of the patients. Moreover, relevant video shows and seminars were suggested by some patients. Overall, the support provided by the ward staff was considered adequate though less than that provided by the family members. In addition, nurses were thought to be more helpful than doctors with respect to support and counseling. We conclude that education in the form of information pamphlet, and perhaps also video show and seminar, is helpful in dispelling misconceptions about miscarriage. Appropriate training in the areas of psychological support and counseling for all personnel concerned in the care for patients with miscarriage is equally important.

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這個數量及敘述性調查的目的是以問卷的形式來評估病人對流產的認識。在四百九十八位參與的病人中，大部份都流產的徵狀及臨床處理有合理的知識。可是，當中也有不少錯誤觀念。我們所提供的服務包括派發有關流產的資料單張和由病室醫護人員對流產病人作出的生理及心理支持輔導兩方面。調查發現病人認為流產單張提供了有用的資料。有些病人更建議以影音媒介和多舉辦講座來傳遞有關流產的認識。總體來說，雖然醫護人員提供的生心理支持輔導不及病人家屬的關懷，但其價值是被肯定的。而且，由護士提供的支持輔導比醫生提供的更勝一籌。

結論是以資料單張，甚至影音媒體及講座的形式來提供對流產的教育是有助減少人們的誤解。還有，所有參與流產服務的醫護人員有足夠的生心理支持輔導的訓練。

關鍵字：流產，資料單張，支持，輔導。